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     The efficacy of thermotherapy to treat cutaneous
 2
     leishmaniasis caused by Leishmania tropica in Kabul,
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     Afghanistan: a randomised, controlled trial.
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### 26 Abstract

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Background: Although pentavalent antimony is the recommended treatment for cutaneous
leishmaniasis, its use is problematic because it is expensive and because of potential sideeffects associated with the drug during a lengthy and painful course of administration.

Methods: We tested the efficacy of thermotherapy for the treatment of cutaneous 31 32 leishmaniasis due to Leishmania tropica in a randomized, controlled trial carried out between January and September 2003 in Kabul city, Afghanistan. 401 patients with a single cutaneous 33 34 leishmaniasis lesion were enrolled and administered thermotherapy using radio frequency 35 waves (one treatment of one or more consecutive 30sec, 50°C applications) or either 36 intralesionally (a total of five, 2-5ml injections every 5-7 days depending on lesion size) or 37 intramuscularly (20mg/kg bodyweight daily for 21 days) with sodium stibogluconate (SSG). Results: Cure, i.e. complete re-epithelialization at 100 days after the start of treatment, was 38 observed in 69.4% (75/108), 75.3% (70/93) and 44.8% (26/58) of patients receiving 39 40 thermotherapy, intralesional and intramuscular SSG treatment, respectively. The odds of cure using thermotherapy treatment were 2.80 [95% Cl 1.45-5.41] times greater than using SSG 41 42 intramuscular treatment [p=0.002]. No statistically significant difference was observed in the 43 odds of cure when comparing intralesional SSG and thermotherapy treatments. Odds of cure 44 using intralesional SSG treatment were shown to be 3.75 [95% Cl 1.86-7.54] times greater 45 than using intramuscular SSG treatment [p<0.001]. The time to cure was significantly shorter in 46 thermotherapy than in intralesionally or intramuscularly SSG-treated patients (median, 53 days, 47 75 days, >100 days, respectively; p=0.003).

48	Conclusions: Thermotherapy is an effective, comparatively well tolerated and rapid treatment
49	for cutaneous leishmaniasis due to L. tropica and should be considered as an alternative
50	method of treatment to antimony.
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53	Keywords:
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55	Leishmaniasis, Leishmania tropica, treatment, sodium stibogluconate, thermotherapy, radio
56	frequency, control, Afghanistan.

# 57 INTRODUCTION

59	The leishmaniases are a group of diseases, transmitted to humans by the bite of
60	phlebotomine sand flies. In terms of global burden of disease, they are the third most important
61	vector-borne disease after malaria and lymphatic filariasis, with an estimated 2.1 million
62	Disability Adjusted Life-Years and 51,000 deaths per annum [1]. There has been a dramatic
63	increase in the number of human leishmaniasis cases not only in leishmaniasis-endemic
64	countries [2], but also in people originating from non-endemic areas, such as tourists [3],
65	humanitarian aid workers [4], or soldiers [5].
66	The world-wide largest focus of cutaneous leishmaniasis (CL) is in Kabul city,
67	Afghanistan, where Leishmania tropica is anthroponotically transmitted by Phlebotomus sergenti
68	and where the estimated annual case load has been between 67500 and 200000 patients over
69	the past decade [6-8]. Due to the limited resources available during and after the civil war in
70	Afghanistan, the treatment of CL patients by the local Ministry of Health (MoH) and non-
71	governmental organizations still remains the only strategy to control the epidemic.
72	Pentavalent antimonials, i.e. sodium stibogluconate (SSG) and meglumine antimoniate,
73	are the mainstay of anti-leishmanial therapy [9-11]. A leishmaniasis vaccine does not exist [12].
74	In leishmaniasis-endemic countries, antimonials are typically administered intramuscularly (at a
75	dosage of 20mg/kg/day for 20-28 days) or intralesionally (dosage dependent on lesion size)
76	[9,10]. However, antimonials can have seriousthough usually reversible- side-effects (e.g.
77	pancreatitis, hepato- and cardiotoxicity) when given intramuscularly [9,10] and are relatively
78	expensive even in countries were generic anti-leishmanial drugs have been registered (e.g. in
79	Afghanistan the cost per CL patient treated with generic SSG is \$US20 [Reithinger,
80	unpublished]; the total health expenditure by the MoH is \$US2 per person-year) [13].

81 Moreover, the invasiveness of the standard procedure, a lengthy course of painful inoculations, 82 means that patients are prone to default their full treatment course. Low compliance appears to 83 be the principal reason behind the observed emergence of drug-resistant parasite strains, 84 especially in areas of anthroponotic leishmaniasis transmission, e.g. India, Sudan and Nepal 85 [14]. Hence, research is now focusing on the development of alternative treatments using 86 different dosage schedules (e.g. 10mg/kg daily antimony), drugs (e.g. fluconazole, miltefosine, 87 paromomycin) or methods of treatment (e.g. immunotherapy) [11]. One promising approach 88 maximizing patient compliance and minimizing treatment duration is thermotherapy using radio 89 frequency waves, with cure rates of >73% in clinical trials with L. mexicana and L. braziliensis 90 [15,16]. Because of the high purchasing cost of the thermotherapy device (US\$23450), this 91 treatment is of limited use in endemic areas where Leishmania transmission is zoonotic (i.e. 92 case numbers tend to be moderate and geographically dispersed, e.g. L. mexicana). However, 93 such a treatment could be cost-effective in areas where Leishmania transmission is 94 anthroponotic (i.e. case numbers tend to be large and focalized, e.g. L. tropica). 95 We evaluated the efficacy of thermotherapy against CL due to L. tropica in Kabul and 96 compared it with standard intramuscular and intralesional SSG treatment in a controlled,

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randomized trial.

### 99 METHODS

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### 101 Study Location and Participants

102 The study was carried out at the HealthNet International (HNI) Khair Khana clinic in 103 Kabul, Afghanistan. This clinic has been operational since 1995 and is the main leishmaniasis 104 diagnosis and treatment centre in Kabul [7,8], with 4751 new and 25783 follow-up patients 105 treated in 2003. Eligible patients were patients attending the clinic for leishmaniasis treatment 106 and who had only one suspected CL lesion. Inclusion criteria were an age of more than five 107 years; the presence of one, parasitologically confirmed CL lesion; and no prior history of the 108 disease and/or antimonial leishmaniasis treatment. Exclusion criteria were a CL lesion located 109 on or immediately adjacent to the nose, lips or eyes; pregnancy; breast feeding; major surgery 110 in the last three months; presence of any un-controlled medical condition; and anticipated 111 unavailability for follow-up. Most of the patients were current Kabul residents.

112

#### 113 Study Design and Procedures

The study was a randomized, controlled trial. There was no placebo group, as this would have been unethical due to the severity of CL that L. tropica can cause and the social stigma associated with the disease [7,8]. The London School of Hygiene and Tropical Medicine Ethics Committee and the Afghan MoH approved the study protocol and consent form. According to general HNI policy, all medical services provided during the study were free-of-charge.

To detect a 20 percent difference in the cure rate between the SSG and thermotherapy groups, assuming a 80 percent cure rate in the SSG groups [9-11], with a 90 percent power and a 5 percent two-sided type I error, 98 subjects were needed in each group. To compensate for anticipated loss to follow-up, 40 percent more patients were enrolled in each group. Patients 123 coming to the clinic for single CL lesion treatment were briefed about the study, its aims and 124 protocol. A patient was enrolled into the study after written consent had been given. The 125 patient then proceeded to pick one of three identical pieces of cardboard out of a hat (the 126 cardboard had been labeled with different treatments codes on one of its sides, the codes being 127 non-visible to the patient); after a patient was randomly assigned a particular treatment, the 128 picked cardboard was returned to the hat. The assigned treatments were: (i) intralesional 129 administration of a total of five, 2-5ml injections (depending on lesion size) of generic SSG 130 (Albert David, Calcutta, India) every 5-7 days for a total of up to 29 days; (ii) daily 131 intramuscular administration of 20mg/kg bodyweight (up to a maximum daily dose of 850mg) 132 SSG for 21 days; (iii) a single thermotherapy treatment (one or more consecutive 30sec, 50°C 133 applications depending on lesion size).

134 Both intramuscular and intralesional administration of SSG are the standard WHO-135 recommended CL treatment in Afghanistan [17]. For intralesional treatment, SSG was infiltrated 136 around the lesion until complete blanching of the lesion and its margin was obtained [17]. For 137 thermotherapy, the lesion and a 15-20mm border of healthy skin around the lesion was cleaned 138 with stabilised 0.1% chlorine dioxide solution, anaesthetised with 1% lidocaine HCl and 139 moistened with sterile saline solution prior to application of localised heat with a portable, battery-operated, localised current field radio frequency generator (ThermoMed 1.8<sup>TM</sup>, 140 141 Thermosurgery Technologies Inc., Phoenix, U.S.A.) according to the manufacturer's 142 instructions. The generator has a 501K clearance by the United States Food and Drugs 143 Administration for the treatment of CL. It produces a 6.78mHz frequency, which is applied via a 144 handset including an applicator gauge with two electrodes that are placed onto the diseased skin. The area between the electrodes covers between 49 and 73mm<sup>2</sup> depending on the 145 146 applicator gauge size used. Thus, several consecutive thermotherapy applications may be

required to cover a whole lesion. Once treatment begins, the temperature is measured by a thermistor embedded in one of the electrodes; it ensures that the applied temperature remains constant. The applied radio frequencies excite the tissue molecules producing heat that evenly penetrates the upper dermis, exposing Leishmania amastigotes to high temperature without injuring the healthy underlying tissue. After all treatments, a chlorine dioxide gel was applied to lesions and lesions were covered with gauze to prevent secondary infections.

153 Prior to the first treatment, all patients received a full physical examination. The 154 location and duration (prior to treatment) of the lesion were recorded; its diameter was 155 measured with a calliper. The status of each lesion was evaluated during 4 patient follow-up 156 visits, the trial end point being 100 days after start of therapy. Lesions with a secondary 157 bacterial infection before, during or after treatment were treated with topical antibiotics; if 158 systemic antibiotic treatment was required, patients received treatment with antibiotics with no 159 anti-leishmanial activity (e.g. erythromycin). The rates of side-effects were evaluated blindly by 160 patient interviews and physical examinations during each follow-up visit.

161 Treatment efficacy was measured by the percentage of patients cured at 100 days after 162 the start of therapy, and by time to cure. Cure was defined as the complete re-epithelialization 163 of the CL lesion with no evidence of papules, inflammation or induration. Patients that failed to 164 cure after 100 days were offered intralesional or intramuscular SSG, as appropriate.

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## 166 Parasitological Studies

Parasitological confirmation of CL was by microscopic examination in Kabul and parasite identification by PCR at Leeds University. Microscopic examination was performed blindly, on scrapings from the edge of the lesion that had been smeared onto a slide. The slide was dried, fixed with methanol, stained with Giemsa and then examined under the microscope at x100 171 magnification for presence of Leishmania amastigotes. For PCR, lesion scrapings were 172 preserved in ethanol at -20°C prior to DNA extraction using a QIAamp DNA mini kit (Qiagen, 173 Crawley, U.K.). Samples were amplified in a nested PCR with Leishmania-specific kinetoplast 174 minicircle primers according to published conditions [18]; this protocol differentiates the major 175 Leishmania spp. in Central Asia, i.e. L. tropica, L. major and L. infantum, by amplification 176 product size. Amplification products were analysed by electrophoresis on 2% agarose gels. Each 177 PCR included negative (no DNA, DNA from an uninfected person) and positive (water-lysates of 178 reference strain cultures) controls. To evaluate sample degradation or PCR inhibition, sample 179 DNA was also amplified for a 740 bp fragment of the human TNFB gene [19]. Separate areas 180 were used for DNA extraction, PCR preparation and product analysis to avoid cross-181 contamination.

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## 183 Statistical Analysis

184 All patient data was entered into Microsoft Excel (Microsoft Corporation, Seattle, U.S.A.) 185 at the end of the trial. A Chi square test was used to test for significance (p<0.05) between 186 proportions (e.g. gender, patients lost to follow-up). All other analyses were done in STATA 6.0 187 (Stata Corporation, College Station, U.S.A.). A Kruskal-Wallis test was used to test for 188 significance between pre-trial (e.g. age, body weight, lesion size, lesion duration) characteristics 189 of treatment groups. The effects of the different treatments on the proportion of patients cured 190 by 100 days were tested by logistic regression. The analyses incorporated the effect of 191 explanatory variables such as gender, age, lesion size, lesion location along with treatment 192 type. The significance of each variable was tested by backwards variable deletion, i.e. by 193 observing whether these variables explained a significant (p<0.05) proportion of the deviance 194 remaining after their removal from the model. Variables were removed from the models in

order of least significance until only significant variables (p<0.05) were retained in the minimum</li>
adequate model. The Kaplan-Meier method was used for the analysis of time to healing; to
compare the three treatment healing curves, the log-rank test was used.

198

199 **RESULTS** 

A total of 431 patients were enrolled into the study between January and September 201 2003. After random allocation of treatment, 30 patients decided to withdraw from the study 202 (Figure 1). A total of 401 patients started treatment: 146, 117 and 138 patients received 203 intralesional, intramuscular and thermotherapy treatment, respectively.

204

## 205 Baseline Patient Characteristics

206 All treated patients had lesions that were parasitologically confirmed by microscopy. A 207 subset of lesion scrapings (n=39) was taken from patients for parasite identification using PCR. 208 All samples vielded amplification products for the human TNFB gene fragment. 27/39 (69%) 209 samples were PCR-positive for Leishmania DNA; all 27 were identified as L. tropica from the size 210 of the PCR product. Of all patients, 200 and 201 were male and female, respectively; median 211 age was 13 years (interquartile range: 10 to 20), median body weight was 39 kg (24 to 51), 212 median lesion diameter was 12 mm (7 to 20) and median lesion duration was 6 months (3 to 7) 213 (Table 1). The lesions were primarily located on the face (43.4%), then hands (38.2%), legs 214 (15.9%) and arms (2.4%). No statistically significant differences were observed in gender, age, 215 body weight, lesion size, or lesion duration between the treatment groups. Follow-up for 216 patients completing the trial was a median 13, 21, 49, 85 days for the first, second, third and fourth follow-up visit, respectively. 217

## 219 Efficacy

220 A total of 259 (63.8%) patients completed treatment and the four-visit, 100 days follow-221 up period: 108, 93 and 58 patients, respectively, had been treated with thermotherapy, 222 intralesional and intramuscular SSG (Figure 1). When compared with the thermotherapy cohort, 223 the odds of patients lost to follow-up either during or after the end of treatment was 2.04 times 224 (95% CI 1.18-3.57; p<0.01) and 3.70 times (95% CI 2.04-6.67; p<0.001) greater in the 225 intralesional and intramuscular treatment groups, respectively. Intramuscularly-treated patients 226 were 1.78 times more likely to be lost to follow-up than those treated intralesionally (95% CI 227 1.05-3.03; p<0.05). 228 Complete re-epithelialization of the CL lesion by 100 days was observed in 75/108 229 (69.4%), 70/93 (75.3%) and 26/58 (44.8%) of patients treated with thermotherapy, 230 intralesional or intramuscular SSG, respectively. None of the patients with complete healing 231 relapsed during the 100 days study duration. No statistically significant association of age, sex, 232 body weight, lesion size, lesion location or lesion duration was shown on trial outcome. Odds of 233 cure using thermotherapy were 2.80 [95% CI 1.45-5.41] times greater than using intramuscular 234 treatment [p=0.002]. No statistically significant difference was observed between the odds of 235 cure using intralesional or thermotherapy treatment [OR=1.34, 95% CI 0.72-2.50, p=0.359]. 236 Odds of cure using intralesional treatment were 3.75 [95% CI 1.86-7.54] times greater than 237 using intramuscular treatment [p<0.001]. 238 According to the Kaplan-Meier survival analysis (which analyses all available data, 239 including patients who dropped out during treatment), the time to cure was significantly shorter 240 in thermotherapy than in intralesionally or intramuscularly-treated patients (median, 53 days,

241 75 days, >100 days, respectively; p=0.003 by the log-rank test) (Figure 2).

242 Secondary infections were noted in 8 thermotherapy-treated (2 before and 6 after 243 treatment), 5 intralesionally-treated (2 before and 3 after start of treatment) and 2 244 intramuscularly-treated (1 before and 1 after start of treatment) patients, but the differences 245 were not statistically significant; all secondary infections resolved with antibiotic treatment. 246 Excluded from the study after the start of treatment were two intralesionally-treated patients 247 because of bradycardia and an undefined local reaction to the treatment respectively, and three 248 intramuscularly-treated patients because of bradycardia, tachycardia and palpitation 249 respectively. In the thermotherapy-treated patients, the ulceration immediately and up to two 250 weeks after treatment was often greater than the original ulcer, with patients suffering 251 superficial second degree burns where the electrodes were applied; thereafter, the lesion closed 252 rapidly (Figure 2). This observation may explain the low follow-up rate in thermotherapy-253 treated patients in the first two weeks after treatment (83% [25/30] of the total thermotherapy 254 patients lost to follow-up were lost in the first two weeks), as patients may have become 255 disheartened to seek further medical advice when lesions became bigger. Though not done 256 blindly, neither the examining clinician nor patients noted a visible difference in the scarring 257 between patient groups after successful treatment.

258

### 259 **DISCUSSION**

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We demonstrate that a single treatment with accurately measured localized heat is as effective as the administration of intralesional SSG and more effective than the administration of intramuscular SSG for the treatment of CL due to L. tropica in Afghanistan. The time to cure was shown to be shorter with thermotherapy than with intralesional or intramuscular SSG regimens in a Kaplan Meier analysis of all study patients. There was no significant effect of thepatient characteristics on the cure rate.

267 Due to the present post-conflict situation in Afghanistan, enrolment of patients had to 268 be continuous throughout the study period. The reason why the patient group given 269 intramuscular SSG treatment was smaller was that 27 patients that had been randomly 270 allocated intramuscular SSG treatment refused to give consent and participate in the study 271 (Figure 1). Due to its potentially stigmatizing impact, Kabul residents are very knowledgeable 272 about leishmaniasis, so-called saldana ('one-year sore'). They know that the intramuscular SSG 273 injections are painful and are usually given to patients with multiple lesions or lesions on sites 274 where intralesional SSG administration will be difficult. These patients requested to be treated 275 with intralesional SSG or thermotherapy, and were excluded from the trial and treated 276 accordingly. Further proof for the low patient acceptance of the intramuscular SSG treatment is 277 that, whereas not significantly different after the end of treatment (p=0.58), the number of 278 patients lost to follow-up during treatment was significantly greater in the intramuscular SSG 279 than in the intralesional SSG treatment group (OR 1.89; 95% CI 1.06-3.38; p<0.05) (Figure 1). 280 Though the number of patients lost to follow-up after the end of treatment was not significantly 281 different between the three treatment groups (p=0.11) (Figure 1), one caveat of our findings is 282 that we cannot exclude the possibility of patients dropping out during treatment because lesions 283 were healing and -knowing that they had to face remaining intralesional or intramuscular 284 injections- they did not want to attend further treatment. If one assumes that all patients lost to 285 follow-up cured (Figure 1), the number of patients that cured when treated with intralesional 286 SSG or thermotherapy would not be statistically different (OR 1.68; 95% CI 0.89-3.17; p=0.11) as would the number of patients treated with intramuscular SSG and thermotherapy (OR 0.83; 287 288 95% CI 0.46-1.52; p=0.63). Based on this scenario, the number of patients cured when treated

with intralesional SSG would be significantly larger than those treated with intramuscular SSG
(OR 2.01; 95% CI 1.06-3.85; p<0.05).</li>

291 Early laboratory studies showed that Leishmania parasites do not readily multiply in 292 macrophages at temperatures >39°C in vitro [20,21]. These observations led to several studies 293 investigating the efficacy of thermotherapy in treating CL using either hot water baths [22]. 294 infrared light [23], direct current electrical stimulation [24], ultrasound [25], and laser [26-28]. 295 In particular, three studies suggested that thermotherapy using radio frequency waves could be 296 effective for CL treatment. In a placebo-controlled trial, thermotherapy (three treatments of 297 50°C for 30sec at seven day intervals) was shown to be as effective as antimony (meglumine 298 antimoniate, 850mg/day for 15 days) in treating L. braziliensis and L. mexicana-infected 299 patients, with identical 73% (16/22) cure rates for each treatment compared to 27% (6/22) for 300 the placebo control 13 weeks after start of treatment [15]. In a second, uncontrolled study, 301 cure rates of 95% (116/122) and 90% (172/191) were observed in L. mexicana-infected 302 patients four and eight weeks post-treatment with thermotherapy (single treatment of 50°C for 303 30sec), respectively [16]. In a case report, a Sudanese patient with multiple L. tropica lesions 304 was cured at six months post-thermotherapy (single treatment of 50°C for 30sec) [29]. 305 However, it is difficult to draw any conclusions from above studies as they (i) are case studies 306 or include small numbers that do not allow for in-depth statistical analyses [15,22,23,25,29]; (ii) 307 followed an undefined study protocol (e.g. lack either placebo or control treatment groups 308 [16,25,29]; short follow-up period could exclude relapses [16]; long follow-up period could 309 include self-cure [29]); (iii) included patient groups that were treated with sub-optimal dosages 310 of antimony (i.e. <20-28 days of antimony administered) [15]; and (iv) included patients 311 infected with different or unknown Leishmania spp. [15].

312 Many reports exist of successful intralesional antimony administration to cure CL [9,30], 313 but only one study compared intramuscular versus intralesional antimony administration [31]. 314 with 68% and 73% cure rates at 30 days post-therapy, respectively. Our study, therefore, is 315 the first to show that the intralesional route of SSG administration is more effective than the 316 intramuscular route. This has practical relevance in terms of drug management as, on average, 317 ten times less drug is used when treating patients intralesionally instead of intramuscularly 318 (Reithinger, unpublished). Also, as observed here, patient compliance with intralesional 319 treatment is better, as fewer clinic visits and injections are required. Surprisingly, comparable 320 reported data on cure rates for the treatment of confirmed L. tropica cases with antimony is 321 scarce, with one single study reporting a 76% cure rate ten weeks after intralesional meglumine 322 antimoniate administration [32].

323 Localized heat could be an alternative to antimony in the treatment of CL and, in 324 particular, would be very cost-effective in those endemic areas where the number of 325 Leishmania cases is high. Reliable leishmaniasis treatment costs are difficult to obtain and 326 depend on several factors (e.g. in- or out-patient basis treatment; use of cheaper, generic 327 SSG), ranging from US\$20 in Afghanistan (Reithinger et al., unpublished) to US\$280 in 328 Guatemala [33] to >US\$5500 in the U.S.A. (Aronson, personal communication) per CL patient 329 treated. The retail price of the thermotherapy device used here is US\$23450. There are two 330 main advantages of the tested thermotherapy protocol compared to antimony treatment: (i) 331 patient compliance rates are improved due to the lack of potentially serious treatment side-332 effects, non-parenterally administered treatment and shorter treatment schedule (i.e. a one-day 333 treatment compared to 5 to 21 injection-days for antimony); and (ii) the shorter administration 334 schedule would also increase patient turnover rates, a pre-requisite for controlling the patient 335 case load and, hence, disease transmission. Tested thermotherapy used a handheld device and

336 limited additional medical equipment, which makes this form of therapy suitable for field 337 conditions or in areas with rudimentary medical infrastructure; the device, however, needs a 338 power source to re-charge the battery. Though we tested the efficacy of thermotherapy on 339 patients with single CL lesions only, patients with multiple lesions could be treated in the same 340 way: patients with CL lesions adjacent to the eves and lips will have to be continued to be 341 treated intramuscularly with SSG. Also, L. tropica is one of the more temperature-resistant 342 Leishmania spp. [20,21]. One would expect tested thermotherapy to be more effective against 343 less temperature-resistant Leishmania spp., such as L. major; however, future studies will have 344 to confirm this hypothesis. Ultimately, the decision to use thermotherapy will depend on clinical 345 (e.g. lesion location, size and number; patient responsiveness to antimony) as well as patient-346 management factors (e.g. patient availability for follow-up; total treatment time per patient). 347 In conclusion, thermotherapy with the tested device proved to be effective, safe, and 348 relatively non-invasive to the patient with single CL lesions. Future studies to further develop 349 current thermotherapy protocol (e.g. efficacy of thermotherapy on patients with multiple 350 lesions) will be carried out before using thermotherapy as alternative to SSG in HNI operational 351 programs for treating CL patients in Afghanistan.

# 352 Authors Contributions

353	R Reithinger, C R Davies and J R David designed the study; M Mohsen managed patient
354	recruitment, treatment randomization and patient case recording forms; M Wahid managed
355	patient care throughout the study; M Bismullah carried out the microscopic examination and
356	lesion scrapings; R J Quinnell carried out the PCR; R Reithinger, M Mohsen and J Kolaczinski
357	supervised the study; R Reithinger and C R Davies analysed the data; all authors contributed to
358	writing the paper.
359	
360	Funding/Support
361	UNICEF/UNDP/Worldbank/WHO Special Programme for Research and Training in
362	Tropical Diseases, Afghan Research Evaluation Unit, European Union, Hilda Leveen Estate Trust
363	Fund, Thermosurgery Technologies Inc.
364	
365	Role of the Funding Sources
366	The authors designed the study and had full access to the data. The sponsors of the
367	study had no role in study design, data collection, data analysis, data interpretation, or writing
368	of the manuscript. Thermosurgery Technologies Inc. provided HNI two thermotherapy devices
369	on a loan-basis for the study. Reported results were presented at the Annual Meeting of the
370	American Society of Tropical Medicine and Hygiene, Philadelphia, December 7-11, 2003.
371	
372	Conflict of Interest
373	Since March 2004, R Reithinger is part-time employee of Thermosurgery Technologies
374	Inc.
375	

## 376 Acknowledgements

We are grateful to HNI Khair Khana clinic staff for logistical support in the trial and
thank Harry Noyes for the reference strains used in the PCR assays and Anthony Bryceson for
making valuable comments on the manuscript. The HNI Malaria and Leishmaniasis Control
Programme is funded by the European Union. This study was supported by the WHO/TDR, the
Afghan Research Evaluation Unit and the Hilda Leveen Estate Fund. We are grateful to
Thermosurgery Technologies Inc. (Arizona, U.S.A.) for lending us the instruments for the study.

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## TABLE 1. PRE-TREATMENT PATIENT CHARACTERISTICS.

471

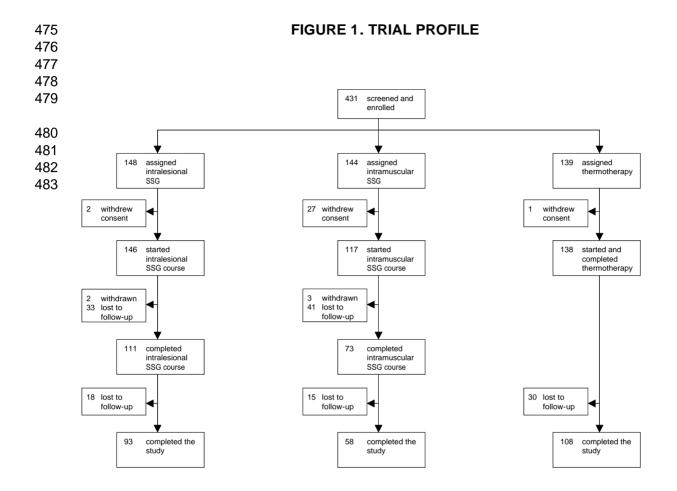
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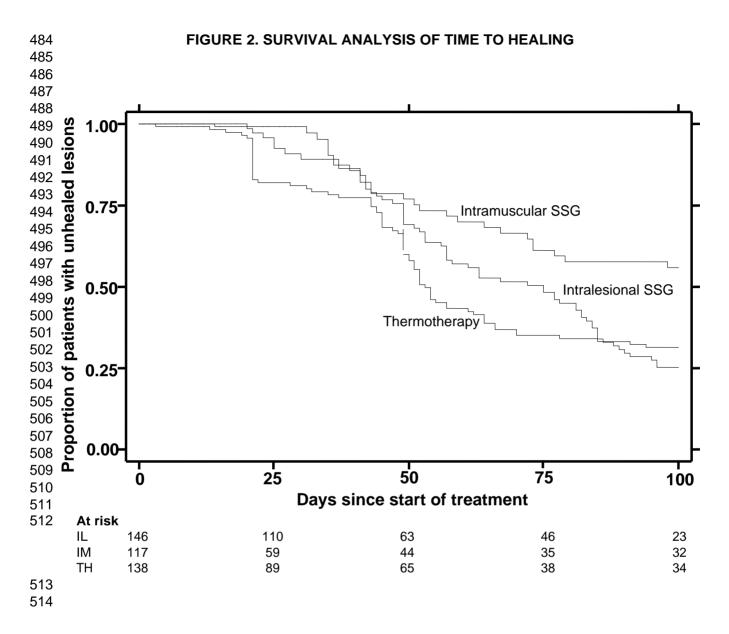
	Intralesional SSG	Intramuscular SSG	Thermotherapy	Ρ‡
Number of patients	146	117	138	
(Males, Females)	(67, 79)	(63, 54)	(70, 68)	
Age*	13	13	14	0.75
	(8.25 – 22)	(10 – 22)	(10 – 20)	
Body weight in kg*	36	38.5	40	0.70
	(22 – 50)	(26 – 51.25)	(24 – 51)	
Lesion size in mm*	12.75	13.75	10.25	0.11
	(7 – 20)	(8 – 22.5)	(7 – 20)	
Lesion duration in months*	6	5.5	6	0.19
	(3 – 7)	(3 – 7)	(3.75 – 8)	

472

473 \*Median and interquartile range in brackets. ‡ A Kruskal Wallis rank test was used to compare

474 difference in pre-treatment patient characteristics.





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